

Home Visiting Scheme

We provide a 10 week Home Visiting service to families in our local area. Through play we aim to help parents to support their child's development and learning.

Family Outreach Support

One of our outreach team can offer support to parents who need help with sleep routines, behaviour management, and parenting as well as helping you to access other services.

Courses and Workshops

Family Links Parenting Puzzle Courses

Each term we run either 4 week or 10 week parenting puzzle courses. To find out when the next course is please ring 01306 740095.

Family First Aid

This is a 4 week course which is run by Surrey Care Trust. We can offer an evening course or a day time course with a crèche facility.

Toilet training workshops

This one hour workshop gives parents practical tips for how and when to start potty training.

Baby Massage Courses

Baby massage really helps you to tune into your baby and teaches you ways to calm your baby. The course lasts for 4 weeks and costs £15. To add your name to the waiting list please ring the Centre. Please note that we do prioritise places and cannot offer places to those outside our reach area.

Introducing Family Foods

Delivered by CSH Surrey monthly on a Thursday 10am-11am. Book yourself on to the next session by speaking to us at the Centre.



Please note - We prioritise attendance at busy sessions to those families living within our catchment area (RH5 and RH4)



www.dorkingnurserychildrenscentre.org.uk

Dorking Nursery School and Children's Centre

Summer Term 2016



Goodwyns Road Children's Centre Site (All year round)

Goodwyns Road
Dorking RH4 2LR
01306 740095 or email:

adminrural@dorking.surrey.sch.uk

West Street Children's Centre Site (Term time only)

West Street
Dorking RH4 1BY
01306 882397 or email:

reception@dorking.surrey.sch.uk

Both sites will be closed on June 6th,
July 1st and for cleaning week July 18th-22nd

Monday

10am—11.45am
**Under 5s Stay and Play
Drop-in**

9.45am-11.45am
Family First Aid Courses
£5 booking fee



Ring the Centre for details

1-3pm
Assertiveness Workshop
April 18th and 25th



£1.50
donation for
all groups.

Crèche available
Booking required

Goodwyns Road site

West Street site

Tuesday

9.30am—11.15am
Childminders Group

10am—11.45am
**Under 5s Stay and Play
Drop-in**

NEW DAY
11.15am-11.45am
Toy Library

1pm—4pm
Midwife Discharge Clinic
Appointments booked through
midwife



Baby Massage
1pm-2.30pm
4 week course for babies
under 6 months
£15 per family
Ring the Centre to add your
name to the waiting list

Wednesday

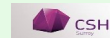
10am-11am
**Speech and Language
drop in advice session**
Held monthly on
27th April, 25th May and
22nd June

9.30am-10.30am
Conversation Café
For speakers of other
languages
Held monthly on 13th April,
11th May, 8th June, 13th July

1pm—2.45pm
**Under 3s Stay and Play
Drop-in**

1pm—3pm
Post-natal courses
3 week course for first time
parents
Booking required

1pm—3pm
Breast feeding drop-in
No appointment needed



Thursday

9.30am—11.15am
**Under 3s Stay and Play
Drop-in**

10am—11.45am
**Under 5s Stay and Play
Drop-in**

12.15pm—2.15pm
Midwife Discharge Clinic
Appointments booked through
your midwife

1.15pm—3pm
Kickers and Crawlers
For under 1s
£1.50 donation

1pm—2.30pm
Healthy Weight Clinic
Ring 0208 979 6464

2.30pm—3.30pm
**Early weeks (under 16w)
Drop-in clinic**



Friday

9.30am—11.15am
**Under 3s Stay and Play
Drop-in**

Saturday

10am -12pm
Dads Group
Drop-in
1st Saturday of the month



Midwifery
Parent craft classes
To book speak to your
midwife

